

CERTIFICATE

OF PARTICIPATION

This is to certify that

Helena Strijdom

Has successfully participated & completed the

5km Zwartkop Nite Race Series 2018/2019 - #4

held at Zwartkops Country Club.

TIME 00:27:00

PACE 05:24/km

OVERALL 17 of 141

GENDER 4 of 77

50 - 59 1 of 23

20 February 2019, Wed

Date



BoutTime

Signature